

# SUMMER CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
<b>CHILD</b>	4:30-5:15pm- Pre Ballet (3-4yrs)	5:15-6pm Mini Hop (3-4yrs)	4:30-5:15pm- Pre Ballet (3-4yrs)	5:15-6pm Mini Hop (3-4yrs)	<b>Child Care Pricing</b>  Child Care is offered during all of our Adult Fitness Classes. The cost is \$3 for one child and \$1 for each additional family member. Child Care must be reserved ahead of time to ensure proper staffing.
	5-6pm- dancESTEEM* (10yrs and older)	5-6pm- INTENSIVE (Int/Adv levels)	5:15-6:15pm- Little Hop (4-6yrs)	5-6pm- INTENSIVE (Int/Adv levels)	
	5:15-6:15pm- Ballet/Jazz (4-6yrs)	6-6:30pm Little Feet 2 (2-3yrs)	6:15-7:15pm Hip Hop 1 (7-10)	6-6:30pm Little Feet 2 (2-3yrs)	
	6:15-7:15pm Ballet/Jazz (7 and up)	6:30-7pm Little Feet 1 (18yr-2yr)		6:30-7pm Little Feet 1 (18yr-2yr)	
<b>ADULT</b>	6:00-6:30pm – SHAPE	6:00-6:30pm – BARRE BLAST	5-6pm- MOMfit - <i>get fit with your child!</i> (Bring your Newborn to 1yr old)	6:00-6:30pm – BARRE BLAST	
	6:30-7:30pm-ZUMBA	6:30-7:30pm-ZUMBA		6:30-7:30pm-ZUMBA	

**KIDS CLASSES: Pricing based on the 8 week session**

**Starting June 30<sup>th</sup> thru the week of August 18<sup>th</sup>**

Little Feet 1-2/ 2x's per week	\$120.00/\$200
Pre-Ballet& Mini Hop /2 classes per week	\$130.00/\$220
Hip Hop & Ballet and Jazz/2 classes per week	\$160.00/\$280
INTENSIVE (2x's per week)	\$300.00
dancESTEEM	\$250.00

**ADULT CLASSES- Starting June 10<sup>th</sup>**

- \$10.00 Drop-In for 1 hour**
- \$5.00 Drop-in for 30 minute classes**
- \$75.00 Class card for 1 hr classes only**
- \$50 deposit required*

**dancESTEEM- a dance therapy experience**

This is a NEW class we are offering for teen girls. The group will consist of a collaboration of weekly therapeutic discussions created to enhance self esteem, build character strengths and create positive social development. Students will have an opportunity to lead specific discussions and choreograph their own group, solo or duet dance. All students will receive a video journal of their experience☺