

# Executive Functioning Coaching

## TEACHER TIME



TT2G uses the SMARTS curriculum for Executive Functioning. First session we establish baseline with a set of student surveys and questionnaires which helps us determine which of the executive functions to prioritize.

1. Goal setting - Set academic & personal goals
2. Thinking flexibly - Processing in a new way
3. Organizing Information - Categorizing and sorting information
4. Working memory - Juggling information in the brain
5. Self-monitoring - Recognizing mistakes and self reflecting

